

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
وَالْعَصْرِ ۝١ إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ ۝٢ إِلَّا الَّذِينَ ءَامَنُوا  
وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا بِالصَّبْرِ ۝٣

*Bismillāhir-Raḥmānir-Raḥcem*

1. By time,<sup>143</sup>
2. Indeed, man is in loss,
3. Except for those who believe and do righteous deeds and advise each other to truth and advise each other to patience.

Gems I have learnt from this surah:

When Allah swears by something it raises its status. It shows that:

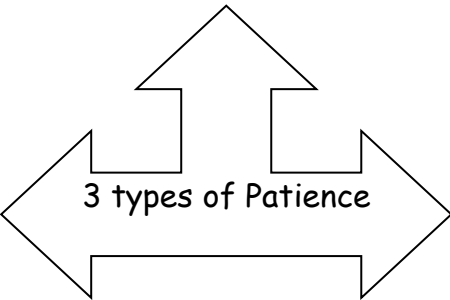
- 1.
- 2.
- 3.

Recipe for Success in the Dunya + Akhirah:

A Muslim needs to do 4 things to be a "cool" Muslim in Allah's eyes:

- 1.
- 2.
- 3.
- 4.

What is the main message of this Surah?



3 types of Patience