

What can I say to MYSELF?



Instead of...

Try thinking...

- I'm not good at this

- What am I missing?

- Masha Allah I'm awesome at this!

- Alhamdulillah! I'm on the right track.

- I give up

- I'll use some of the strategies we've learnt.

- This is too hard.

- Arabic may take some time and effort.

- I can't make this any better.

- I can always improve so I'll keep trying.

- I just can't do Arabic.

- I'm going to train my brain in Arabic.

- I made a mistake.

- Mistakes help me to do better.

- She's so smart. I will never be that smart!

- I'm going to figure out how she does it so I can try it.

- It's good enough

- Is it really my best work?

- Plan Alif didn't work.

- Good thing the Arabic alphabet has 27 more letters!